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THE OPTIMIST

Why the Future of AI Still Belongs to People

THE ALGORITHMIC MIRROR

What AI Reveals About Us

INSIDE THE MIND OF A MACHINE

Can AI Really Think?

REFLECTIONS ON AI

How Arkansas Began a Conversation About AI

THE BUILDERS

Arkansas Is Quietly Shaping the Future of AI

GENERATIONAL INNOVATION

A Father-and-Son Vision for Human-Centered AI



GENERATIONAL INNOVATION

How Yogesh Pandit His Son, Anay, Approach AI, Health and Entrepreneurship

by Kody Ford

It's a story about legacy — not one written in decades or dynastic wealth, but in data, ambition and a shared sense of purpose across generations. Yogesh Pandit, a CPA-turned-data-AI visionary, spent years wrestling with banking compliance, data and financial reporting at firms like Citibank and Ernst & Young before deciding that the answer lay not in more manpower, but in smarter data driven tools, spurring him to launch the companies HEXANIKA and FlowZone.

But this is also a father-son story. As Yogesh built different software with an eye toward the future, his son Anay — part gamer, part software developer, part engineer — was quietly exploring the digital world in his own way: building games, pitching a financial-literacy app on Roblox and winning a prize as the top pitch in Arkansas, to even winning at a college level student hackathon. Perhaps blazing his own trail on a path that will run parallel to his father.

Since founding HEXANIKA, a company whose name means "victory over data," Yogesh has expanded from finance into healthcare, driven by a belief that connected, accessible data can transform performance, mental optimization, and wellness. An early AI adopter, he began filing machine learning patents in 2016. His shift toward data-driven health was fueled by personal frustration: months-long delays retrieving his children's vaccine records after moving from India, and a serious error in approving his own diabetes medication. Together, these experiences revealed the real risks of fragmented health data and shaped his mission to fix it.

"I spoke to many clinics, hospitals, and I found not just these, but many problems prevalent in the industry," Yogesh said. "Because of that, wellness doesn't happen, holistic health doesn't happen, proactive health doesn't happen. The matter gets worse when it comes to mental health where there is very limited, incomplete and in many cases inaccurate data"

“The real question isn’t whether AI will shape health and performance, but how—and with what values.”

The solution he is building: FlowZone by TruEx — a multi-patented system designed to ensure data is trusted, shareable, and securely stored. The technology includes a unique “trust engine” and an ID system to manage and share data without risk. It leverages GenAI in a much controlled and compliant manner for betterment of holistic health. The primary focus of their new product is on helping youth and athletes with wellness and mental health to foster “mental strength” by detecting issues proactively through data analysis and providing timely feedback and solutions. From wearables to lab tests to social media, the app will combine hundreds of sources of data to track the real-time, overall mental state of the athlete.

Effective AI analysis relies on accurate data, strong processing, and rigorous controls. For athletes, the system securely maintains continuous health records from high school through professional play, accessible to agents, sponsors and care providers. By unifying physical therapy, mental health and hospital records, the platform enables proactive, holistic care while embedding NCAA and NAIA mental health compliance and maintaining HIPAA-grade security.

FlowZone has received funding and support from the Arkansas Department of Human Services Division of Youth Services, the Kings Foundation, and The Venture Center, and its TruEx platform has earned recognition from UAMS BioVentures, DeltaTech, and similar programs.

While Yogesh focused on the systemic issues of data trust, his son, Anay, took a more iterative, hands-on approach to the digital world. Anay, 13, admitted he wasn’t initially interested in coding until a friend paid him a few dollars to build a mod in Minecraft. This sparked a passion that led him to develop a financial literacy game on Roblox at the age of 11, which he successfully pitched and won a $300 prize for.

“It’s more fun because just like you’re actually doing stuff and it’s like a game,” Anay said of the gamified learning model, noting it’s more engaging than a traditional classroom lecture.

His latest achievement was joining the effort to solve wellness challenges by winning a Wellness AI Hackathon hosted by UALR. His team developed a focus app for students, built around the well-known Pomodoro Technique (25 minutes of focus, 5 minutes of break). His team won $2400 prize money there.

Anay described his winning app as an “advanced assistant” that goes beyond a simple timer. During the breaks, it incorporates AI-related and personalized activities, like breathing exercises, to ensure true mental rest. Crucially, the app includes leaderboards to introduce a social element. “It’s more pressure from your friends. That’s what we had as the base of our app,” he noted, highlighting how peer pressure can be harnessed for positive habit formation.

The team rapidly built the minimum viable product (MVP) in only four days using tools like v0 by Vercel for the main app and Claude for initial coding assistance. They even used DALL-E and ChatGPT to create their logo, showcasing a fluid, AI-native approach to development. Anay’s team relied on AI not just for generation, but for debugging, too. When testing revealed errors, he explained, “The AI was able to fix it by itself,” a testament to the power of new tools.

As a student, Anay sees AI as a powerful ally in education. “Students can use AI to help them understand subjects better... [it can] give practice problems that explain stuff.” He is optimistic that tools used by his generation will offer a competitive edge, though he stresses that understanding the basics matters more than simply starting early.

Yogesh’s expertise in compliance and data architecture paired with Anay’s instinct for user-friendly, gamified AI shows one generation laying the groundwork while the next builds forward. AI will shape health and performance. The real question is how and with what values. Yogesh and Anay both are building with a clear answer: protect and empower people, make data trustworthy, and use intelligence to prevent problems, not just react to them. Built with rigor and care, this approach points to a future of healthcare and youth wellness that is not only smarter, but safer, fairer, and more human.

